

CanTRA Equine Facilitated Wellness Certification Program

Stage	Horse Practitioner	Mental Health Practitioner
Professional Credentials	6000 hours: Acquires horse experience, training and certifications, including 500 hours of ground work, that meets the CanTRA EFW EP requirements.	6000 hours: Experience in a human services profession, in a recognized mental health/education profession
CanTRA endorsed training	105 hours: 30 Explorations Workshop, 75 hours Focus Training	105 hours: 30 Explorations Workshop, 75 hours Focus Training
Cross training and practice	100 hours: Training in communication and/or counseling skills and practice of skills e.g. at a Crisis Centre	100 hours: 50 hours of lessons/clinic in ground work, herd dynamics, horse psychology 50 hours practice, observation of herds, DVD's etc.
Personal development and exploring approaches	35 hours: 20 hours as participant/client; 15 hours exploring EFW approaches doing workshops, conferences, training etc.	75 hours: 20 hours as participant/client; 55 hours exploring EFW approaches doing workshops, conferences, training etc.
Mentoring and Internship	450 hours: 150 direct client time working in an EFW setting partnered with a MH/EDP. 300 hours indirect client time, planning, preparation and recording	900 hours 300 hours working in an EFW setting partnered with an EP. 600 hours indirect client time, planning, preparation and recording
Continuing Education	*20 hours upgrading in EFW field every three years *Current Standard 1 st Aid *Maintain professional Memberships *proof of insurance	*20 hours upgrading in EFW field every three years *Current Standard 1 st Aid *Maintain professional memberships *Proof of insurance
Administration costs to CanTRA	\$30 CanTRA Membership \$15 EFW Membership \$50 Certification Application \$80 Final Certification Review	\$30 CanTRA Membership \$15 EFW Membership \$50 Certification Application \$80 Final Certification Review
Additional Costs	All workshops and trainings are independent of CanTRA and the costs are set by the course conductors	Internship and/or mentorship fees are set up on an individual basis.