



SIDEWALKING DEMONSTRATION (rider & leader present)

There are many areas where it will be impossible to achieve an “Above standard” mark; since the correct method will be the *only* safe method accepted. To achieve an “Above standard” mark will require that a candidate demonstrates the “At standard” requirement PLUS any additions mentioned in the “Above standard” column.

In some areas, this rubric refers to the “correct” methods of performing a task. Please refer to the following publications for acceptable “correct” methods: CanTRA Instructor Manual; CTRAI Home Study: Manual of Horsemanship – British Horse Society and Pony Club: Stable Management in Canada.

Topic	Evidence	Above required standards (3)	At required standards (2)	Below required standards (1)
Side Walking	Responsibilities of a sidewalker.	<input type="checkbox"/> N/A.	<input type="checkbox"/> Knows the responsibilities. <input type="checkbox"/> Knows when to offer support to the rider.	<input type="checkbox"/> Weak or insufficient explanation.
	Methods of support.	<input type="checkbox"/> Aware of the role of the PT in advising on the best support for riders on an individual basis. <input type="checkbox"/> Aware that placement of the stirrup iron can effect muscle tone.	<input type="checkbox"/> Effective demonstration of the following methods of support: <input type="checkbox"/> Hip. <input type="checkbox"/> Thigh. <input type="checkbox"/> Knee (Palm of hand used on knee). <input type="checkbox"/> Toe-ankle. <input type="checkbox"/> Knee-ankle. <input type="checkbox"/> Aware of the effect the support has on the rider.	<input type="checkbox"/> Incorrect technique. <input type="checkbox"/> Failure to demonstrate the supports. <input type="checkbox"/> Fingers used on knee.
	Changing sides.	<input type="checkbox"/> N/A.	<input type="checkbox"/> Smooth, safe, effective method of changing sides through halt. <input type="checkbox"/> Aware of the procedure for 1 or 2 sidewalkers & of their role in conjunction with the leader. <input type="checkbox"/> Good communication with other side walker & leader.	<input type="checkbox"/> Unsafe method used. <input type="checkbox"/> Failure to talk about/demonstrate changing sides. <input type="checkbox"/> Leaving rider unattended. <input type="checkbox"/> Lack of teamwork if 2 sidewalkers.
	“What if” situations.	<input type="checkbox"/> N/A.	<input type="checkbox"/> Able to demonstrate what to do if: - <input type="checkbox"/> Rider’s upper body tips forward & lower legs slides back. <input type="checkbox"/> Rider’s upper body tips back, lower leg slides forwards.	<input type="checkbox"/> Failure to recognize rider is not in correct position. <input type="checkbox"/> Failure to correctly re-position rider.

Topic	Evidence	Above required standards (3)	At required standards (2)	Below required standards (1)
	Awareness of leader & rider.	<input type="checkbox"/> N/A.	<input type="checkbox"/> Aware of rider/leader/instructor at all times. <input type="checkbox"/> Communicates with when necessary. <input type="checkbox"/> Knows the difficulties that could arise for a sidewalker on the same side as the leader.	<input type="checkbox"/> Inattention to rider/leader/instructor
	Safety.	<input type="checkbox"/> N/A.	<input type="checkbox"/> Safe presentation.	<input type="checkbox"/> Unsafe practice/s demonstrated, e.g. walking behind riders' leg, interfering with horses' hindquarters. <input type="checkbox"/> leaning on horse. <input type="checkbox"/> inattention to leader/instructor.

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Adopted: May 25, 2008