



# CanTRA INSTRUCTOR UPDATING SUMMARY FORM

**NAME:** \_\_\_\_\_  CTRBI  CTRBI-2  CTRII  CTRSI  CTR Coach

**Email:** \_\_\_\_\_ **phone #:** \_\_\_\_\_

Updating period: from: \_\_\_\_\_ to: \_\_\_\_\_ (should total 3 years)

Please send this form to CanTRA Certification Director at [certification@cantra.ca](mailto:certification@cantra.ca) along with proof of participation for each hour.